Gambling support available for Wirral residents

Organisation	Summary of service	Referral criteria/ method of referral	Organisation
Primary Care Gambling Service	Free 1-1, group support for gamblers/affected others. Can be provided in person. 10 day referral-treatment turnaround.	18+ Self and professional referral	https://www.primarycaregamblingservice.co.uk/pcgs-registration-form
NHS Northern Gambling Service	Free 1-1, group support for gamblers/affected others. Based in Liverpool.	18+ Self and professional referral	Referral Form
NHS National Gambling Clinic	Free 1-1, group support for gamblers/affected others.	13-18 Self and professional referral	https://www.cnwl.nhs.uk/services/addictions/national-gambling-clinic
Beacon counselling trust	Free 1-1 therapeutic support for anyone affected by gambling related harms.	16+ Self and professional referral	https://beaconcounsellingtrust.co.uk/
GamFam	Advice/support for gamblers/affected others	No referral needed	https://gamfam.org.uk/
Bet Blocker	National gambling blocking tool	No referral needed	https://betblocker.org/
Breakeven (Wings)	Women's online groups for gamblers/affected others	Self-referral Only for women	https://www.breakeven.org.uk/support-groups#wings
Switchboard	LGBTQ+ support. Informed this is a national programme	LGBTQ+ only Self-referral	0800 0119 100
GamStop	Free app which closes all gambling apps in clients name, will also stop clients from being able to create new gambling accounts for a set period of time	Self-referral	https://www.gamstop.co.uk/

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National Gambling Helpline	Free national helpline for anyone need advice about gambling related harms	Self-referral	https://www.gamcare.org.uk/get-support/talk-to-us-now/
Breaking The Odds- First Person Project	Free holistic support for anyone experiencing any level of gambling related harms. Every client is assigned a caseworker who will support them with external appointments. They will also have a physical location in Wirral.	Self and professional referral	https://www.firstpersonprojectcic.co.uk/whats-on/breaking-the-odds/
GamLearn	Free peer support and also Criminal Justice Support (main offer)	Self and professional referral	https://www.gamlearn.org.uk/