

Wirral Domestic Abuse JSNA (June 2025)

Overview of RASA Merseyside (headlines)

[RASA Merseyside](#) is available for anyone who has been sexually abused or raped, or who has been affected by sexual violence at any time in their lives.

RASA Merseyside is a professional counselling and [support service](#) that exists solely to improve the mental and physical well-being of individuals impacted by sexual violence at some point in their lives.

Wirral data for April 2024 – March 2025

Headlines from service users

- There have been 1,059 individual contacts.

Demographics

- In terms of age bands, the service sees the highest numbers in age-bands 25 to 34 (245), 35 to 44 (217), and 18 to 24 (213).
- For ethnicity, the majority are white British (849) and 164 preferred not to say.
- There were 513 clients who reported having a disability, 397 reported no disabilities and 149 preferred not to say.
- There were 307 clients reporting mental health as their disability.
- Clients reporting their religion saw 413 state none, and 318 did not disclose.

Types of issues experienced by clients

RASA clients reported these issues they experienced:

- Anxiety (526)
- Depression (334)
- Mental Health present (172)
- History of self-harm (135)
- Post Traumatic Stress Disorder (PTSD) (131)
- History of domestic abuse (119)
- Suicidal attempts (104)
- **Note:** Other reported issues could potentially be grouped with those reported above

Types of impacts experienced by clients

RASA clients reported these issues they experienced:

- Anxiety (4696)
- Depression (332)
- Sleep problems (217)
- Low mood (193)
- Nightmares (165)
- Flashbacks (153)
- Fear (132)
- Post Traumatic Stress Disorder (PTSD) (104)
- **Note:** Other reported issues could potentially be grouped with those reported above